

# DynaWell L-Spine Lb

## Quick User's Guide



**WARNING:** This is only a Quick User's Guide. Before using DynaWell L-Spine for the first time, you must thoroughly read the enclosed complete instruction manual.

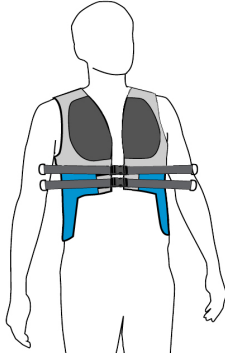
**1** Check that the indicator on the scale of the footplate **reads zero**.

**NOTE:** If it is not at zero follow the fine-tuning instructions in the instruction manual

**2** Put the vest on. Fasten the vest loosely.

**NOTE:** Select the adequate size of the vest by making sure that:

- the **front flaps DO NOT overlap**. The gap between the front flaps should be 5-10 cm when the vest is not tightened.
- the **side straps** are passing **behind the femoral trochanter**.



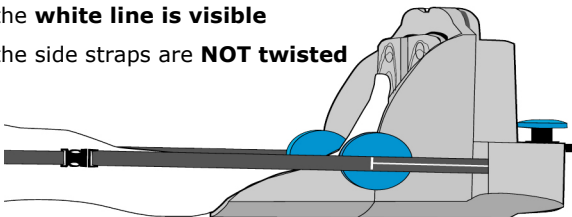
**3** Place the lordosis pillow under the patient's lumbar spine.

**NOTE:** The lordosis pillow may be removed if the patient experiences too much pain.

**4** Connect the side straps and tighten them by pulling the loose end.

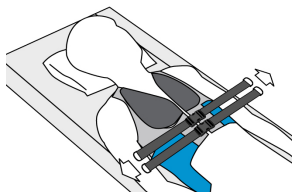
**NOTE:** Make sure that:

- the **white line is visible**
- the side straps are **NOT twisted**



**5** Tighten the vest firmly over the patient's thorax. Tell the patient to breathe in, then breathe out and tighten the vest straps as much as possible.

**NOTE:** Tell the patient to **breathe with the thorax** during the examination to withstand the pressure from the vest.

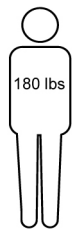
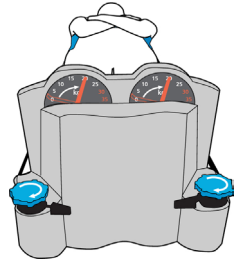


**6** Tell the patient to keep the legs stretched during the examination, **unless he/she feels any unusual pain**.

**7** Apply pressure by simultaneously rotating the two compression knobs clockwise.

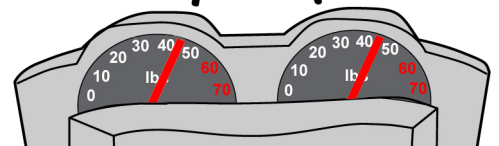
**ATTENTION:**

Load with **15-25%** of the patient's body weight **on each leg** - **totally 30-50%** (see image below).



180 lbs/2=90

45 lbs 45 lbs

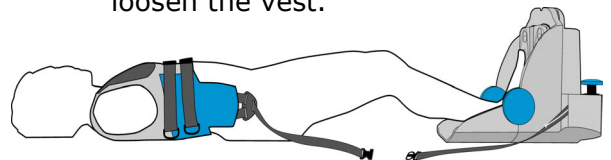


**8** Let the load last at least 5 minutes before examination is started. If needed adjust the load before scanning.

Carry out the MRI or CT examination.



**9** After scanning is complete, ask the patient to bend the knees. Disconnect the side straps and loosen the vest.



**ATTENTION**

**For further and more detailed instructions, please read the instruction manual.**

